

SOUTH PARK ELEMENTARY CENTER LUNCH MENU MARCH 2024

What Makes A Meal?

A student must take 3 of the 5 components to make a meal under the National School Lunch Program.

1. Grains
2. Vegetables
3. Fruits
4. Dairy
5. Meat/Protein Alternative

A student must take a fruit or a vegetable.

Meal Prices

SPEC Lunch Price \$2.45
Reduced-Price Lunch \$.40

Free & reduced-price meal applications available on sparksd.org

Reminders

Peanut Butter & Jelly Sandwich
Very Limited

A la carte items are not included with free or reduced-price meals.

Daily Milk Choices

Fat Free White
Fat Free Chocolate
Fat Free Strawberry
Low Fat White

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Cheese Pizza PB & Jelly
				Celery Sticks Cherry Tomatoes
				Fruit Choice of Milk
4	5	6	7	8
Cheesy Pull-Apart Bread PB & Jelly	Cheeseburgers PB & Jelly	Mini Corn Dogs PB & Jelly	Chicken Nuggets PB & Jelly	Max Pizza Sticks PB & Jelly
Bagged Carrots Fresh Broccoli	Fries Cucumber Slices	Chips Red Pepper Strips	Tator Tots Fresh Cauliflower	Cherry Tomatoes Celery Sticks
Fruit Choice of Milk	Fruit Choice of Milk	Fruit Choice of Milk	Fruit Choice of Milk	Fruit Choice of Milk
11	12	13	14	15
Cheese Quesadillas PB & Jelly	Hot Dogs PB & Jelly	Grilled Cheese PB & Jelly	Chicken Patty PB & Jelly	Cheese Pizza PB & Jelly
Bagged Carrots Fresh Broccoli	Cucumber Slices Fries	Tomato Soup Goldfish Crackers	Tator Tots Fresh Cauliflower	Cherry Tomatoes Celery Sticks
Fruit Choice Of Milk	Fruit Choice of Milk	Fruit Choice of Milk	Fruit Choice of Milk	Fruit Choice of Milk
18	19	20	21	22
Popcorn Chicken PB & Jelly	Pepperoni Hot Pockets PB & Jelly	Waffles/Sausage PB & Jelly	Soft Tacos PB & Jelly	Max Pizza Sticks PB & Jelly
Mashed Potatoes Fresh Broccoli	Cucumber Slices Chips	Hashbrowns Bagged Carrots	Tortilla Chips w/ Salsa Fresh Cauliflower	Cherry Tomatoes Celery Sticks
Fruit Choice of Milk	Fruit Choice of Milk	Fruit Choice of Milk	Fruit Choice of Milk	Fruit Choice of Milk
25	26	27	28	29
NO SCHOOL (Staff In-Service)	Hot Dogs PB & Jelly	Cheesy Bread PB & Jelly	PRE-ORDER Grab 'n Go Ham & Cheese	NO SCHOOL (Spring Break)
	Chips Bagged Carrots	Cucumber Slices Red Pepper Strips	PB & Jelly Chips/Bagged Carrots	
	Fruit Choice of Milk	Fruit Choice of Milk	Fruit Choice of Milk	